

Did you inspect the sling?

A minimum of **two** people should be involved.

- **Lead caregiver (gas pedal)** – At the controls of the lift. His/her primary roles are to push or pull the lift and to raise and lower the resident.
- **Assistant/Helper (steering wheel)** - Stationed by the resident. His/her primary roles are to help **turn** the lift and provide assurance to the resident.

Gas pedal

- Keep a wide base of support, push with your legs, not upper body.
- Keep the lift close. This will decrease the stress on your upper body and low back.
- Use forward and backward motions only.

Steering wheel

- When turning the lift:
 - Stop the lift first. Don't try to turn the lift while it's moving.
 - Go slow and have the wheels of the lift face the desired direction of movement before attempting to turn the lift.
 - Use two hands and use the handles provided on the sling to help move the resident.
 - Push with your foot, using slow controlled movements.

Other helpful tips

- Move the lift in a slow, controlled manner. Avoid sudden stops and starts.
- Move the wheelchair, commode, etc. instead of the lift when possible.
- You may need more than two caregivers in some circumstances (e.g., bariatric, combative, or scared residents).
- Select the proper sling to ensure with proper positioning.
- Refer to the manufacturer's guidelines about opening or closing the lift legs and locking brakes.

